

SUNMARGAM FOUNDATION

Annual Report : 2018-2019



Pastor Kumar.





संमार्गम फाउंडेशन ने किया पौधरोपण

रांची : संमार्गम फाउंडेशन की ओर से पौधा रोपण किया गया। पर्यावरण संरक्षण के लिए संमार्गम फाउंडेशन के द्वारा वृक्षारोपण का कार्यक्रम निरंतर चलते रहता है। जंगल है तो जीवन है। फाउंडेशन के अध्यक्ष रोशन कुमार ने कहा कि अपने अपने जन्मदिन के अवसर पर पांच पेड़ जरूर लगाने की अपील की। उन्होंने कहा कि इससे राहुर की हरियाली से राहुर की खुबसूरती में चार चांद लगेंगे। और धारिया होने की संभावना नहीं रहती है। धारिया नहीं होने से राहुर की खेती योग्य क्षेत्रों में खेती करने में मदद मिलेगी।

Address:

Dam Side, Chnadwe, Kanke,
Ranchi, Jharkhand, Pin-834008

Mb: 9162452543

Email: sunmargamfoundaion17@gmail.com



Activities during the Year 2018 -2019

- **Training Program of Women SHGs & Production of Pickles:**

In the year 2018-19, we have been organized two Training Program of Women Self-Help Group members in which 45 women were participated for preparation of Pickles using the locally available fruits. After the training program the women start producing Pickle and sold in the local market which helps them to earn money and support their family.

- **Distribution of Winter Cloths:**

Poor people are in distress in everywhere due to poverty. In Ranchi slums & nearby villages there are number of poor people who don't have any winter clothes to wear during severe winter. And the people who reside in Jharkhand know the severity of winter here. So they have been suffering due to winter lack of clothing. We have collected old winter cloths and purchased few low cost winter cloths and distributed among about 105 people during the winter. They are very happy after getting the materials.

- **Fabric Painting Training:**

The Fabric painting is the art specialized to paint fabrics and it's also the simplest way to print your own Fabric. With the help of just a brush and few paints one can create amazing patterns, floral, design patterns & print. We have organized one such training program this year too in which 20 women participated, learn Fabric painting and started their business.

- **Formation of SHGs/JLGs and credit link to Bank:**

Formation and promotion of Women Self-Help Group (SHG) and Joint Liability Group (JLG) are important components towards economic empowerment of the women and the people who reside at the grass root level. So we have given emphasis to form such groups to take up several economic development activities. This year we have formed 12 women self-help groups and 5 joint liability groups with the women and men.

- **Grocery Food Materials Distribution to Poor:**

We have been distributed food materials such as Rice, Atta, Dal etc. to 36 poor families who are in severe need to meet that need. This was our services to humanity. Poor people/families are being hungry due to want of food during lean period after paddy cultivation due lack of resources. Many forced to migrate in search of job to other parts of the country.

- **Health Awareness Camp:**



distributed among them. About 150 people benefitted out of this program and they are very happy.

- **Plantation & Save Environment:**

Environmental pollution is one of the most serious problems facing humanity and other life forms on our planet today. Environment pollution is a severe problem as on today in each city and even in remote villages due to several reasons. To aware the people on environment and their role is very important as on today. We have organized one camp with the local youths in which 50 youths participated. We have been ended the camp followed by plantation of 1 plant by each in the road side area. So 50 plants we have been planted in our area as part of environment promotion as part of our small contribution.

- **Sanitary Pad Distribution:**

During our village visits we have been learnt from our women volunteers that the girls and the women are using dirty cloths as sanitary pads which create huge health hazards like RTI etc. So we have purchased sanitary pads and distributed to the women and girls through our women self-help group members and women volunteers. A large number of women and girls were benefitted out of it.

- **AIDS Awareness Program:**

AIDS awareness have been is very important as on today especially for the youths of India. The need is to provide an opportunity to educate communities within the country on AIDS prevention, AIDS testing, and the issues for particular population groups of youths and migrant labours. The issue is very important for the Jharkhand population due to a large number of migrations in cities and towns. On behalf of our organization, we have been organized several camps on the issue with the youths and migrant labours.

- **Health & Hygiene Camp:**

Number of Camp on Health and Hygiene Awareness program has been organized in slums and villages by us during the period. Health and hygiene is very important for all human being. This is a behavior pattern how we maintain our health and hygiene at personnel level and household level. We have been organized number of camps in our area.

- **Nutrition Program:**

Community Nutrition awareness program to parents which included both adult men and women is very much important. We have organized number of camps focused on providing awareness on dietary management of non-communicable diseases especially diabetes, anaemia hypercholesterolemia, and hypertension due to various reasons. Informative charts on nutrition and wellness were put up and explained to the participants.

- **Legal Awareness Workshop:**



Lack of knowledge about the basic legal and civil liberties, human rights, constitutional directives, and principles and other guidelines that protect the people's dignity, liberty and freedom manifests itself in the society in the form of problems such as child labour, human trafficking, domestic violence, child marriage, dowry etc. that threatens the safety of us all. To aware the women in legal issue we have been organized one camp with 25 women members in our area.

- **Education Awareness Camp:**

Education is very important for future any children and youth, but many parents are not aware about the importance of the education for their children. The girls are the mostly deprived as parents through as they will be got married why to spent for their education. To break this myth we have been organized camps with the parents to aware them on the issue.

- **Annual Function Expenses:**

This year we have been organized one Annual Function in which several local cultural programs has been organized. The volunteers, members, women, youth, children and their parents were participated and enjoyed the program.

- **Sports Expenses:**

Children's sports have been organized during this year. Several sports events participated by about 60 children in the area. At the end of the sports prizes has also been given to the winning children.

- **Books Purchased for Library:**

Library plays a very important role in promoting the progress of knowledge. There are many people who love reading. But they can't afford to buy books because the prices of books are very high. So we have been developed a Library in our organization, for which 50 books purchased during the year. The Library is open for the youths and the members of the area and taken books as borrow to read in their own house.

- **Book Distribution to the Children:**

In the year 2018-19 we have been distributed books to 40 students for their knowledge enhancement. This will help them to continue study increase their knowledge. The children are very happy after getting the books.

- **Awareness Camp Against Child Marriage:**

A Child Marriage Awareness camp was organized with adolescents and their parents in our target area to aware regarding the ill effects of Child marriage. In the camp the important has



been not to marriage the girls especially below adulthood, and the issue has been discussed with the participants.

- **Awareness Camp on Personality Development:**

Personality of a person is a matter a lot as on toady. An individual's personality is the sum total of the person's qualities, characteristics, attitudes and quirks, psychological traits, beliefs and motives which make up his identity. The youths of today proper personality development for getting job, deal with various types of people in life. We have discussed the issue with a group of youths.

- **Awareness Camp for TB & Malaria:**

Jharkhand rural areas and slums a large number of Tuberculosis patients have been found and Malaria is rampant due simple lack of awareness and due to not using mosquito net during sleeping. So on behalf of our organization, we have been organized number of camps to aware the people of our target area.

- **Awareness Camp for Consumer Affairs:**

Consumer should be aware of the information about products, goods, services, and consumer's rights. Consumer awareness is important so that buyer can take the right decision and make the right choice. One consumer awareness camp has been organized during the period in which 45 people were participated.

- **Awareness Camp for Road Safety:**

Road safety refers to the methods and measures used to prevent road users to be safe. The basic content of road safety is to drive vehicle safely maintaining all traffic rules. On behalf of our organization, we have been organized 'Road safety' discussion programs with our members and volunteers.

- **Education Awareness Camp for the Children of Migrate Labours:**

Children of migrant laborers are most vulnerable anywhere in the country. In some places especially in brick kilns and small factories both parents have been working and the children's health and education are ignored. So we have organized discussion of the migrant laborers to take care of their children's health and education.

- **Yoga Camp:**

A Yoga Camp is the perfect way to be fit you through each day yoga practices. Yoga has huge health benefits. We have been organized one Yoga camp for 7 days with our members, older people in our area. One expert trainer teaches us several Yoga practices which benefitted all the participants.



At the end, we would like to convey our thanks and gratitude to our members, well wishers, donors and volunteers for their support and active participation in all our activities. Hope the same support in the days to come.

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